



NORTH FLORIDA

MEN'S CROSS COUNTRY

2023 RESULTS/PERFORMANCE LIST

2023 SCHEDULE/RESULTS

Date	Event	Location	Distance	Team Finish	Top Individual	Finish	Time
Sept. 15	Mountain Dew Invitational	Gainesville, Fla.	8K	1st	Robert Pedroza	2nd	24:06.1
Sept. 29	Gans Creek Classic	Columbia, Mo.	8K	2nd	Robert Pedroza	4th	24:00.5
Oct. 13	SSC Preview Meet	Lakeland, Fla.	8K	1st	Seth Martinez	1st	26:21.81
Oct. 28	ASUN Championship	Nashville, Tenn.	8K	2nd	Aidan O'Gorman	2nd	24:17.85
Nov. 10	NCAA South Regionals	Gainesville, Fla.	10K	6th	Aidan O'Gorman	18th	29:32.0

TEAM/INDIVIDUAL MEET RESULTS

MOUNTAIN DEW INVITATIONAL

Sept. 15, 2023 • Gainesville, Fla.
8K

Team Results

Team	Points
1. NORTH FLORIDA	30
2. Georgia Tech	40
3. Florida	117
4. Flagler	154
5. Embry-Riddle	158
6. Vanderbilt	168
7. Florida Southern	181
8. Tampa	211
9. South Florida	232
10. Chattanooga	236
11. Florida Gulf Coast	270
12. Stetson	318
13. Florida Atlantic	419
14. FIU	451
15. Bethune-Cookman	490

North Florida Individual Results (Field: 178)

Pl.	Name	Time
1.	Aidan O'Gorman (UNA)	24:01.0
2.	Robert Pedroza	24:06.1
5.	Onix Ortiz Vazquez	24:22.1
7.	Cole Perry	24:35.1
10.	William Sinclair	24:36.6
11.	Aiden Arnold	24:37.2
23.	Paul Lespasio	25:02.9
24.	Ilias El Khattabi	25:04.0
38.	Gavin O'Brien	25:15.8
56.	Ryan Douihech	25:29.2
71.	Aaron Schimke (UNA)	25:50.9
72.	Justin Tackling	25:50.9
99.	Ben Tary (UNA)	26:15.2
104.	Colton Lawson (UNA)	26:24.1
121.	Kameron Wallizada	26:58.1
134.	Luke Clements	27:10.0

GANS CREEK CLASSIC

Sept. 29, 2023 • Columbia, Mo.
8K

Team Results

Team	Points
1. Illinois	46
2. NORTH FLORIDA	76
3. Texas Tech	102
4. Bradley	104
5. Missouri	116
6. Colorado	215
7. Kansas State	241
8. Creighton	251
9. UC San Diego	291
10. Baylor	292
11. Southern Illinois	295
12. Idaho State	307
13. Northern Iowa	325
14. Marquette	339
15. Nebraska	341
16. Southeastern Missouri	416
17. Murray State	492
18. Kansas City	505
19. Lindenwood	558
20. Kansas	562

North Florida Individual Results (Field: 197)

Pl.	Name	Time
4.	Robert Pedroza	24:00.5
6.	Aidan O'Gorman	24:11.0
19.	Onix Ortiz Vazquez	24:39.4
20.	Aiden Arnold	24:41.0
27.	Cole Perry	24:47.8
30.	Ilias El Khattabi	24:49.5
57.	William Sinclair	25:24.2
79.	Paul Lespasio	25:45.1
96.	Seth Martinez	25:57.1
102.	Gavin O'Brien	26:01.8

SSC PREVIEW MEET

Oct. 13, 2023 • Lakeland, Fla.
8K

Team Results

Team	Points
1. NORTH FLORIDA	15
2. South Florida	55
3. Florida Southern	106
4. Eastern Florida	119
5. Flagler	128
6. Pasco-Hernando State College	169
7. Jacksonville	218
8. Nova Southeastern	244
9. Lake-Sumter State	260
10. Florida National	271
11. Virgin Islands University	288
12. Ava Maria	349
13. Warner	352
14. Webber	379

North Florida Individual Results (Field: 141)

Pl.	Name	Time
1.	Seth Martinez	26:21.81
2.	Kameron Wallizada	26:31.74
3.	Paul Lespasio	26:50.99
4.	Ryan Douihech	26:54.86
5.	Justin Tackling	26:55.46
7.	Aaron Schimke (UNA)	27:09.71
16.	Luke Clements	27:50.91
17.	Colton Lawson (UNA)	27:55.57
23.	Gavin O'Brien	28:16.43
30.	Andrew Mahorner (UNA)	28:46.33
35.	Ben Tary (UNA)	29:05.66
72.	Grant Doherty (UNA)	30:30.03

TEAM/INDIVIDUAL MEET RESULTS

ASUN CHAMPIONSHIP

Oct. 28, 2023 • Nashville, Tenn.
8K

Team Results

Team	Points
1. Eastern Kentucky	23
2. NORTH FLORIDA	56
3. Lipscomb	62
4. Bellarmine	119
5. Queens (N.C.)	176
6. Central Arkansas	189
7. Florida Gulf Coast	203
8. Stetson	217
9. North Alabama	227
10. Jacksonville	269
11. Austin Peay	362

North Florida Individual Results (Field: 102)

Pl.	Name	Time
2.	Aidan O'Gorman	24:17.85
5.	Robert Pedroza	24:34.60
12.	Cole Perry	24:49.65
17.	Ilias El Khattabi	25:01.06
21.	Onix Ortiz Vazquez	25:14.29
24.	Paul Lespasio	25:20.98
27.	Aiden Arnold	25:24.91
34.	William Sinclair	25:43.42
37.	Seth Martinez	25:52.84
44.	Kameron Wallizada	26:10.41

NCAA SOUTH REGIONALS

Nov. 10, 2023 • Gainesville, Fla.
10K

Team Results

Team	Points
1. Tennessee	68
2. Florida State	71
3. Alabama	86
4. Ole Miss	105
5. Lipscomb	158
6. NORTH FLORIDA	169
7. Auburn	200
8. MTSU	201
9. Belmont	256
10. Florida	276
11. ETSU	293
12. Georgia Tech	307
13. Georgia	318
14. Vanderbilt	461
15. Florida Gulf Coast	504
16. UT-Martin	509
17. Chattanooga	514
18. Miami (FL)	517
19. Mercer	520
20. Stetson	551
21. South Alabama	578
22. North Alabama	580
23. Jacksonville State	613

North Florida Individual Results (Field: 171)

Pl.	Name	Time
18.	Aidan O'Gorman	29:32.0
23.	Robert Pedroza	29:38.9
34.	Ilias El Khattabi	30:03.1
46.	Cole Perry	30:29.4
50.	Aiden Arnold	30:32.6
73.	Paul Lespasio	31:08.1
133.	Onix Ortiz Vazquez	33:04.3

2023 TOP TIMES BY DISTANCE

8,000 METERS

Time	Name	Event	Date
24:00.5	Robert Pedroza	Gans Creek Classic	Sept. 29
24:01.0	Aidan O'Gorman	Mountain Dew Invite	Sept. 15
24:06.1	Robert Pedroza	Mountain Dew Invite	Sept. 15
24:11.0	Aidan O'Gorman	Gans Creek Classic	Sept. 29
24:17.85	Aidan O'Gorman	ASUN Championship	Oct. 28
24:22.1	Onix Ortiz Vazquez	Mountain Dew Invite	Sept. 15
24:34.60	Robert Pedroza	ASUN Championship	Oct. 28
24:35.1	Cole Perry	Mountain Dew Invite	Sept. 15
24:36.6	William Sinclair	Mountain Dew Invite	Sept. 15
24:37.2	Aiden Arnold	Mountain Dew Invite	Sept. 15
24:39.4	Onix Ortiz Vazquez	Gans Creek Classic	Sept. 29
24:41.0	Aiden Arnold	Gans Creek Classic	Sept. 29
24:47.8	Cole Perry	Gans Creek Classic	Sept. 29
24:49.5	Ilias El Khattabi	Gans Creek Classic	Sept. 29
24:49.65	Cole Perry	ASUN Championship	Oct. 28
25:01.06	Ilias El Khattabi	ASUN Championship	Oct. 28
25:02.9	Paul Lespasio	Mountain Dew Invite	Sept. 15
25:04.0	Ilias El Khattabi	Mountain Dew Invite	Sept. 15
25:14.29	Onix Ortiz Vazquez	ASUN Championship	Oct. 28
25:15.8	Gavin O'Brien	Mountain Dew Invite	Sept. 15
25:20.98	Paul Lespasio	ASUN Championship	Oct. 28
25:24.2	William Sinclair	Gans Creek Classic	Sept. 29
25:24.91	Aiden Arnold	ASUN Championship	Oct. 28
25:29.2	Ryan Douihech	Mountain Dew Invite	Sept. 15
25:43.42	William Sinclair	ASUN Championship	Oct. 28
25:45.1	Paul Lespasio	Gans Creek Classic	Sept. 29
25:50.9	Aaron Schimke	Mountain Dew Invite	Sept. 15
25:50.9	Justin Tackling	Mountain Dew Invite	Sept. 15
25:52.84	Seth Martinez	ASUN Championship	Oct. 28
25:57.1	Seth Martinez	Gans Creek Classic	Sept. 29
26:01.8	Gavin O'Brien	Gans Creek Classic	Sept. 29
26:10.41	Kameron Wallizada	ASUN Championship	Oct. 28
26:15.2	Ben Tary	Mountain Dew Invite	Sept. 15
26:21.81	Seth Martinez	SSC Preview Meet	Oct. 13
26:24.1	Colton Lawson	Mountain Dew Invite	Sept. 15
26:31.74	Kameron Wallizada	SSC Preview Meet	Oct. 13
26:50.99	Paul Lespasio	SSC Preview Meet	Oct. 13
26:54.86	Ryan Douihech	SSC Preview Meet	Oct. 13
26:55.46	Justin Tackling	SSC Preview Meet	Oct. 13
26:58.1	Kameron Wallizada	Mountain Dew Invite	Sept. 15
27:09.71	Aaron Schimke	SSC Preview Meet	Oct. 13
27:10.0	Luke Clements	Mountain Dew Invite	Sept. 15
27:50.91	Luke Clements	SSC Preview Meet	Oct. 13
27:55.57	Colton Lawson	SSC Preview Meet	Oct. 13
28:16.43	Gavin O'Brien	SSC Preview Meet	Oct. 13
28:46.33	Andrew Mahorner	SSC Preview Meet	Oct. 13
29:05.66	Ben Tary	SSC Preview Meet	Oct. 13
30:30.03	Grant Doherty	SSC Preview Meet	Oct. 13

10,000 METERS

Time	Name	Event	Date
29:32.0*	Aidan O'Gorman	NCAA South Regional	Nov. 10
29:38.9	Robert Pedroza	NCAA South Regional	Nov. 10
30:03.1	Ilias El Khattabi	NCAA South Regional	Nov. 10
30:29.4	Cole Perry	NCAA South Regional	Nov. 10
30:32.6	Aiden Arnold	NCAA South Regional	Nov. 10
31:08.1	Paul Lespasio	NCAA South Regional	Nov. 10
33:04.3	Onix Ortiz Vazquez	NCAA South Regional	Nov. 10

* - program record

2023 INDIVIDUAL PERFORMANCES

AIDEN ARNOLD

6,000 Meters • PR -			
Time	Event	Date	Finish
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8,000 Meters • PR - 24:34.6			
Time	Event	Date	Finish
24:37.2	Mountain Dew Invitational	Sept. 15	11

10,000 Meters • PR - 30:32.6			
Time	Event	Date	Finish
30:32.6	NCAA South Regional	Nov. 10	50

LUKE CLEMENTS

6,000 Meters • PR -			
Time	Event	Date	Finish
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8,000 Meters • PR - 26:53.0			
Time	Event	Date	Finish
27:10.0	Mountain Dew Invitational	Sept. 15	134

10,000 Meters • PR -			
Time	Event	Date	Finish
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GRANT DOHERTY

6,000 Meters • PR -			
Time	Event	Date	Finish
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8,000 Meters • PR - 30:30.03			
Time	Event	Date	Finish
30:30.03	SSC Preview Meet	Oct. 13	72

10,000 Meters • PR -			
Time	Event	Date	Finish
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RYAN DOUIHECH

6,000 Meters • PR -			
Time	Event	Date	Finish
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8,000 Meters • PR - 25:29.2			
Time	Event	Date	Finish
25:29.2	Mountain Dew Invitational	Sept. 15	56

10,000 Meters • PR -			
Time	Event	Date	Finish
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ILIAS EL KHATTABI

6,000 Meters • PR -			
Time	Event	Date	Finish
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8,000 Meters • PR - 24:49.5			
Time	Event	Date	Finish
24:49.5	Gans Creek Classic	Sept. 29	30

10,000 Meters • PR - 30:03.1			
Time	Event	Date	Finish
30:03.1	NCAA South Regional	Nov. 10	34

COLTON LAWSON

6,000 Meters • PR -			
Time	Event	Date	Finish
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8,000 Meters • PR - 26:24.1			
Time	Event	Date	Finish
26:24.1	Mountain Dew Invitational	Sept. 15	104

10,000 Meters • PR -			
Time	Event	Date	Finish
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PAUL LESPASIO

6,000 Meters • PR -			
Time	Event	Date	Finish
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8,000 Meters • PR - 25:02.9			
Time	Event	Date	Finish
25:02.9	Mountain Dew Invitational	Sept. 15	23

10,000 Meters • PR - 31:08.1			
Time	Event	Date	Finish
31:08.1	NCAA South Regional	Nov. 10	73

ANDREW MAHORNER

6,000 Meters • PR -			
Time	Event	Date	Finish
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8,000 Meters • PR - 28:46.33			
Time	Event	Date	Finish
28:46.33	SSC Preview Meet	Oct. 13	30

10,000 Meters • PR -			
Time	Event	Date	Finish
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2023 INDIVIDUAL PERFORMANCES

SETH MARTINEZ

6,000 Meters • PR -			
Time	Event	Date	Finish
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8,000 Meters • PR - 25:34.2			
Time	Event	Date	Finish
25:57.1	Gans Creek Classic	Sept. 29	96

10,000 Meters • PR -			
Time	Event	Date	Finish
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GAVIN O'BRIEN

6,000 Meters • PR -			
Time	Event	Date	Finish
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8,000 Meters • PR - 24:29.3			
Time	Event	Date	Finish
25:15.8	Mountain Dew Invitational	Sept. 15	38

10,000 Meters • PR -			
Time	Event	Date	Finish
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AIDAN O'GORMAN

6,000 Meters • PR -			
Time	Event	Date	Finish
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8,000 Meters • PR - 23:47.7			
Time	Event	Date	Finish
24:01.0	Mountain Dew Invitational	Sept. 15	1

10,000 Meters • PR - 29:32.0			
Time	Event	Date	Finish
29:32.0	NCAA South Regional	Nov. 10	18

ONIX ORTIZ VAZQUEZ

6,000 Meters • PR -			
Time	Event	Date	Finish
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8,000 Meters • PR - 24:22.1			
Time	Event	Date	Finish
24:22.1	Mountain Dew Invitational	Sept. 15	5

10,000 Meters • PR - 31:42.0			
Time	Event	Date	Finish
31:42.0	NCAA South Regional	Nov. 11	78

ROBERT PEDROZA

6,000 Meters • PR -			
Time	Event	Date	Finish
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8,000 Meters • PR - 24:00.5			
Time	Event	Date	Finish
24:00.5	Gans Creek Classic	Sept. 29	4

10,000 Meters • PR - 29:38.9			
Time	Event	Date	Finish
29:38.9	NCAA South Regional	Nov. 10	23

COLE PERRY

6,000 Meters • PR -			
Time	Event	Date	Finish
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8,000 Meters • PR - 24:35.1			
Time	Event	Date	Finish
24:35.1	Mountain Dew Invitational	Sept. 15	7

10,000 Meters • PR - 30:29.4			
Time	Event	Date	Finish
30:29.4	NCAA South Regional	Nov. 10	46

AARON SCHIMKE

6,000 Meters • PR -			
Time	Event	Date	Finish
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8,000 Meters • PR - 25:50.9			
Time	Event	Date	Finish
25:50.9	Mountain Dew Invitational	Sept. 15	71

10,000 Meters • PR -			
Time	Event	Date	Finish
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WILLIAM SINCLAIR

6,000 Meters • PR - 18:04.4			
Time	Event	Date	Finish
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8,000 Meters • PR - 23:52.9			
Time	Event	Date	Finish
24:36.6	Mountain Dew Invitational	Sept. 15	10

10,000 Meters • PR - 31:41.1			
Time	Event	Date	Finish
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2023 INDIVIDUAL PERFORMANCES

JUSTIN TACKLING

6,000 Meters • PR -

Time	Event	Date	Finish
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8,000 Meters • PR - 25:39.0

Time	Event	Date	Finish
25:50.9	Mountain Dew Invitational	Sept. 15	72

10,000 Meters • PR -

Time	Event	Date	Finish
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BEN TARY

6,000 Meters • PR -

Time	Event	Date	Finish
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8,000 Meters • PR - 26:15.2

Time	Event	Date	Finish
26:15.2	Mountain Dew Invitational	Sept. 15	99

10,000 Meters • PR -

Time	Event	Date	Finish
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KAMERON WALLIZADA

6,000 Meters • PR -

Time	Event	Date	Finish
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8,000 Meters • PR - 25:24.4

Time	Event	Date	Finish
26:58.1	Mountain Dew Invitational	Sept. 15	121

10,000 Meters • PR -

Time	Event	Date	Finish
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